



Little Rock Circle Update October 2009

Regular Circle

1:30 p.m. Third Sunday of every month
St. John Center Fitzgerald Hall
2500 N. Tyler St.
Little Rock, AR 72207

Circle Leaders

T.J. and Malea Hargett
219-1681
lrwwmecircle@yahoo.com
hargettfamily@sbcglobal.net

Important Dates

October 11 – Circle – *NOTE DATE CHANGE*

Presenter: Lienhart
Bring World Priest Day items

October 12-16 – Deliver World Priest Day gifts to pastors

October 25 – World Priest Day

November 15 -- Circle
Presenter – TBA

December – Christmas party at Rechs. TBA

Jan. 10 – Circle – *NOTE DATE CHANGE*
Presenter: TBA

September anniversary

Happy Encounter Anniversary Jeff and Karen, 3 years

Love Notes

Thanks to the Circle for helping create a great WWME reception, M&TJ

Prayer List

For all priests and bishop in the Diocese of Little Rock during the Year for Priests
For clergy to hear the call to attend a WWME weekend in 2010

World Priest Day Oct. 25

Sponsored by Worldwide Marriage Encounter and held in conjunction with Serra Club's Priesthood Sunday

World Priest Day (WPD) is a celebration & affirmation of the men who commit their lives to the Lord and the Church via the Sacrament of Holy Orders. It is an opportunity for Catholic parishioners to thank, affirm and share their love and support for our priests. The first World Priest Day was celebrated on the third Sunday in September 2000. The event grew from an idea in September of 1998, when the Worldwide Marriage Encounter community in the Diocese of Knoxville, Tenn., decided to celebrate the tenth anniversary of the diocese by honoring all of their priests. The bishop & priest were so appreciative that the leaders of the local M.E. community shared the idea with the leaders of other communities in the Southeastern U.S.

Ideas to mark WPD:

1. Send a card to your parish priest or bishop telling them what their sacrament and/or friendship means to you.
2. Introduce yourself and family to your priest or bishop you have not met.
3. Invite a priest or bishop you know, or do not know, to breakfast, lunch, or dinner.
4. If you invite them to dinner, you may make it a candle-lighted dinner with china, linens, and maybe soft music. Be creative!
Kids could be included in this too! Let the kids help set the table and prepare for his arrival. Or make it a down home barbecue or something unique and special to your family
5. Send them flowers or a balloon bouquet.
6. Invite them on a family picnic and pick them up if possible.
7. If you know a priest or bishop out of town, give them a call, send a note, flowers, balloon bouquet.
8. Bake them cookies, etc. (Kids love to get involved).
9. Have the kids color them a picture or write them a letter.
11. Go on an outing together, such as a dinner and a play, bowling, movie, hunting, fishing, golf, tennis, etc.

Marriage Enrichment

Fifteen Ways to Say "I Love You" in 3 Minutes or Less

1. Blow your spouse a kiss as you walk through the room. Smile, and let your eyes twinkle mischievously.
2. Surprise your spouse by kissing the back of his (or her) neck as he sits in a low-backed chair that gives you easy access to his neck, such as a dining room chair or a computer chair.
3. Give her (or him) a brief neck and shoulder massage.
4. Leave a sweet message on his (or her) voice mail.
5. Send a short but sweet email.
6. Write a one sentence note that describes a specific trait or quality that you love about your spouse, such as "I love your beautiful blue eyes that remind me of the sea."
7. Give your spouse a lingering, wet kiss, accompanied by a full body hug.
8. Hug your spouse and scratch her back at the same time.
9. Give your spouse a compliment. Be specific.
10. Tell your spouse once specific thing you appreciate that he (or she) does.
11. When you're at the grocery store, pick up something special for your spouse.
12. Look for some little act or chore you can do for your spouse to make his (or her) life easier.
13. The next time that you have to buy a birthday card for someone, also buy five or six cards that your spouse would like. Once every week or two, drop one in the mail to your spouse to arrive at the office or home, or leave a card in the car on the driver's seat or some other place for him (or her) to find.
14. When you get "take-home" food containers in a restaurant, later secretly take your spouse's container out of the refrigerator and decorate it.
15. Look for poems or song lyrics that you can give your spouse to communicate your loving feelings. Check out <http://www.romantic-lyrics.com/> to find lyrics to beautiful love songs, love quotes, and romantic poems. You'll also find a great selection of love song lyrics at <http://www.theromantic.com/lovesongs/main.htm>. Just print out some of your favorites.

Dr. Nancy J. Wasson, co-author of "Keep Your Marriage: What to Do When Your Spouse Says "I don't love you anymore!"